

Menu Inserts

VEGETARIAN ANYTIME OPTIONS

EYE OPENERS

CEREALS AND YOGURT

Grits Oatmeal Raisin Kraples Corn Flakes Fasted Yogurt

Cherries Honey Nut Cheerios Raisin Bran Frosted Flakes

BAKERY AND BREADS

Biscuit Plain Bagel Blueberry Muffin Apple Muffin Cinnamon Raisin Bagel

Bran Muffin English Muffin White Toast Wheat Toast

BREAKFAST ENTRÉES

Scrambled Eggs Hash Browns Pancakes French Toast Waffles

CREATE YOUR OWN OMELET

Onions Cheese Mushrooms Green Pepper



Vegetarian

PURED À LA CARTE MENU

BREAKFAST
All hot breakfast entrees are served with sausage upon request

WAFLE with maple syrup
OMELET
FRENCH TOAST with Louisiana praline
SMOOTHIES
Merry Berry | Strawberry
HOT CEREALS
Oatmeal | Cream of Wheat
SIDE SELECTIONS
Pears | Apple Sauce | Peaches
Mixed Berries
BEVERAGES
TEA: Iced
MILK: Skim or Nonfat
JUICE: Orange, Cranberry or Apple
COFFEE: Regular or Decaffeinated

IN-ROOM. OUT OF THIS WORLD.



OUR MISSION:
To make sure all patients, no matter what their condition, never feel deprived. To help patients understand that they can eat favorably while staying healthy. Our Great Living Menu will give every patient the nutrition they need without compromising the taste they want in the foods they eat while they're in the hospital and when they go home.

TO PLACE YOUR ORDER:
YOUR CATERING ASSOCIATE WILL VISIT YOU PRIOR TO YOUR MEAL PERIOD TO TAKE YOUR PREFERENCE.

Puree

MADE WITHOUT GLUTEN MENU

BREAKFAST
EGGS TO ORDER
Scrambled | Hard Boiled
Pepper | Cheese | Tomatoes | Mushroom
Cheddar | American | Swiss
WAFLE with maple syrup
FRENCH TOAST with maple syrup
YOGURT AND FRUIT PLATE
CEREAL Grits | Chex
BEVERAGES
Coffee & Tea: Regular or Decaffeinated
Milk: Skim | Whole
Fountain Drinks: Coke | Diet Coke
Cranapple | Diet Cranapple
Unsweetened Tea | Lemonade
Crystal Light: Lemonade | Raspberry Ice
Juice: Apple | Cranberry | Grape | Orange
Prune | Tomato

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Gluten

ALWAYS AVAILABLE MENU

Renal

SOUPS, FRUIT, SALAD
Chicken Noodle Soup | Garden Salad
Peaches | Pears | Pineapple | Grapes

ENTRÉES
Hamburger | Turkey Burger | Veggie Burger
Grilled Chicken Sandwich | Turkey Sandwich
Chicken Salad Sandwich | Tuna Salad Sandwich
Grilled Chicken Salad

SIDES
Broccoli | Carrots
Green Beans | Corn | White Rice
Buttered Noodles
Better Chips

DESSERTS
Gelatin | Apple Pie
Angel Food Cake
Vanilla Wafers | Apple Sauce

*Some items may be restricted depending on your diet.



Renal


Kosher Menu

KOSHER MAIN ENTRÉES


- Brikket, Mixed Vegetables and Onions Potatoes
- Chicken in a Pot: Potato Noodle, Manzo Ball, Carrots.
- Roasted Chicken, Noodle Kugel, Trimmie
- Turkey Sniat (Croquette), Sweet Potato, Vegetable Kugel
- Grill Chicken Leg, Risotto, Spinach Saufflé
- Pepper Steak, Fried Rice
- Pas Roast, Sauteed Carrots, Kishke
- Fish: Salmon Fillet: Green Beans, Rice Pilaf
- Fish: Tilapia Lemon Pepper, White Rice.
- Spinach Saufflé
- Cheese Lasagna, Asparagus Vegetable Saufflé

KOSHER SOUPS
Manzo Soup
Beef Broth
Vegetable Soup

KOSHER FRESH ITEMS
Egg Salad Sandwich
Turkey Sandwich
Turkey Pastrami Sandwich
Tuna Sandwich
Roast Beef Sandwich



**Check with DDR for Hot food selection for allowed diets



Kosher

CELEBRATION MENU

LUNCH & DINNER OPTIONS

Gourmet Burger On A Brioche Bun
Lettuce, Tomato, Cheese, Bacon & Onion
Homemade Parmesan Potato Chips

Cesar Salad
Crisp Romaine Lettuce, Grape Tomatoes, Shaved Parmesan & Homemade Croutons
Add-Grilled Shrimp, Salmon Or Blackened Chicken
Cesar, Ranch, Balsamic Or Blue Cheese Dressing

Fettuccini Alfredo
Buttered Pasta, Creamy Alfredo Sauce & Shaved Parmesan
Add-Grilled Shrimp, Salmon Or Blackened Chicken
Adult-Steamed Broccoli Or Green Peas

DESSERT OPTIONS

Red Velvet Cream Cheese Cake
Dulce De Leche Cream Cake
Fresh Baked Cookies
Chocolate or Vanilla Pudding Parfait
Assorted Pies

BEVERAGE OPTIONS

Iced or Hot Tea
Coffee - Regular & Decaf
Lemonade
Apple, Orange, Cranberry or Grape Juice
Coke, Diet Coke, Sprite, Diet Sprite
Bottled Water

TO PLACE YOUR ORDER
Your dining associate will visit with you to discuss your meal selections.



Celebration

LUNCH CHEF SPECIALS

Available 11:30 am - 1 pm

SUNDAY
Penne Pasta with Meat Sauce (21g)
Cupri Blend Vegetables (14g)
Fresh Green Salad (6g)
Breadstick (17g)
Cantaloupe (7g)

MONDAY
Chicken Pot Pie with Biscuit (33g)
Seasoned Green Beans (5g)
Double Chocolate Chip Cookie (14g)
Vanilla Ice Cream (16g)

TUESDAY
House-Made Chili (7g)
Saltine Crackers (9g)
Fresh Garden Salad (6g)
Cantaloupe (7g)
Cinnamon Roll (28g)

WEDNESDAY
Roasted Rosemary Pork Chop with Gravy (2g)
Cranberry Wild Rice (12g)
Steamed Broccoli (6g)
Fresh Red Grapes (14g)
Wheat Roll (18g)

THURSDAY
Traditional Beef Lasagna (28g)
Seasoned Green Beans (5g)
Garlic Breadstick (17g)
Pineapple Chunks (11g)

FRIDAY
Baked BBQ Chicken (11g)
Three-Cheese Macaroni & Cheese (11g)
Cupri Blend Vegetables (14g)
Sliced Peaches (13g)

SATURDAY
Chicken Alfredo with Bowtie Pasta (21g)
Steamed Broccoli (6g)
Garlic Breadstick (17g)
Fresh Red Grapes (14g)

* Iced tea is served with all chef specials.
** Substitutes may be made if you are on a therapeutic diet to help you meet your nutritional goals.



Chef Specials

insert hospital name/logo

pediatric roomservice menu

BEACH BREAKFAST Cereals & Yogurts
Pancakes
Fruit, Granola & Yogurt Parfait
Assorted Yogurts: Strawberry | Raspberry | Light Vanilla
Hot Cereal:
Oatmeal
Apple Cinnamon Cream of Wheat
Cold Cereal:
Total | Whole Grain Cheerios
Cornflakes | Frosted Flakes
Rice Krispies | Rice Chex

Breakfast Entrées
Eggs: Your Way: Your Choice of:
Whole Eggs | Low Cholesterol Eggs
Egg Whites
Tofu Scramble
French Toast with Cinnamon
Pancakes: Plain or Blueberry

Build Your Own Omelet
Whole Egg | Low Cholesterol Egg
Egg White
Vegetables:
Broccoli | Spinach | Mushroom
Tomato | Onion | Peppers
Cheese:
American | Cheddar | Swiss

Breakfast Sides
Sausage: Pork | Turkey
Sautéed Breakfast Potatoes
Pork Bacon

Bakery
English Muffin | Bagel
House-Made Blueberry Muffin

Fruit
Fruit Cug | Pineapple
Mandarin Orange | Peaches | Grapes
Pears | Apple | Banana | Orange

BEVERAGES
Coffee: Regular | Decaf
Tea: Iced | Hot | Decaf | Regular
Hot Chocolate: Regular | Sugar-Free
Juice: Apple | Cranberry | Grape | Orange | Prune
Sugar-Free Lemonade
Milk: Whole | Skim | 2% | Vanilla Soy

SNACKS
Crackers: Saltine Crackers
Santitas Crackers
Cheeses: Cheddar Cheese with Peanut Crackers | String Cheese
Fruit & Veggie: Apple Slices with Peanut Butter | Carrot & Celery Sticks with Peanut Butter | Hummus
Chips: Pretzels | Baked Potato Chips
Cool Ranch Dressing
Cookies: Oreo
Assorted Vegetables: Raspberry
French Vanilla Light Vanilla

CLEAR LIQUIDS
Juice: Apple | Cranberry | Grape
Hot Beverages: Fresh Brewed Tea
Decaffeinated Tea
Cold Beverages: Iced Tea
Breads: Beef | Chicken | Vegetable
Italian Ice
Popcorn: Regular | Sugar-Free
Deli-ites: Regular | Sugar-Free

Some foods may not be appropriate based on your diet prescription. We will be happy to assist you in making your meal choices.

Pediatric

Alternative Selections

Breakfast

HOT CEREALS
Apple Cinnamon Cream of Wheat | Oatmeal

COLD CEREALS
Rice Krispies® | Total Raisin Bran® | Rice Chex® | Cheerios®

CONTINENTAL
Yogurt: Vanilla | Strawberry
Blueberry Muffin | English Muffin | Plain Bagel
Fresh Fruit Cup
Whole Fruit: Apple | Orange | Banana

Lunch & Dinner

SALADS & SOUPS
Chicken Noodle Soup | Tomato Soup
Chicken Caesar Salad | Chef Salad | Side Salad
Dressings: Ranch | Italian | Caesar | Balsamic

GRILL
Hamburger | Grilled Chicken Sandwich
Bun: Wheat | White
Toppings: Lettuce | Tomato | Onion | Pickles
Cheese: American | Swiss | Cheddar

SANDWICHES
Tuna Salad | Chicken Salad | Deli Turkey | Peanut Butter
Bun: Wheat | White | Bun
Toppings: Lettuce | Tomato | Onion | Pickles
Cheese: American | Swiss | Cheddar

DESSERTS
Ice Cream: Vanilla | Chocolate | Orange Sherbet
Angel Food Cake
Cookies: Chocolate Chip | Sugar
Fresh Fruit Cup
Whole Fruit: Banana | Apple | Orange

Beverages
COFFEE
Regular | Decaffeinated
TEA
Iced | Hot
HOT COCOA
JUICE
Apple | Cranberry | Orange | Grape | Prune
MILK
Skim | 2%

Alternative Selections

IDDSI MM5 Menu

Breakfast

Hot Cereal
Oatmeal | Apple Cinnamon Cream of Wheat
Cold Cereal
Peanut Raisin Bran® | Puree
Cornflakes®

Lunch & Dinner

SOUPS
Puree Chicken Noodle
Puree Tomato

Light Fare Protein Salads:
Chicken | Tuna

Chef's Featured Entrées
Baked Chicken Breast
Roasted Pork Loin
Roast Beef
Roast Turkey Breast
Orzo Pasta with Marinara Sauce

SIDES
Orzo Pasta with Cheese Sauce
Mashed Potatoes | Steamed Broccoli
Seasoned Green Beans | Carrots

DESSERTS
Pudding: Vanilla | Chocolate

Beverages
thickness per liquid diet order
Coffee: Regular | Decaf
Hot or Iced Tea: Decaf | Regular
Hot Chocolate: Regular | Sugar-Free
Juice: Apple | Cranberry | Grape
Orange | Prune
Milk: Whole | Skim | 2%

Some foods may not be appropriate based on your diet or food allergies.

IDDSI

